

## Song Without Words - good for flow motion

Sing smoothly on "doo"



Provide children with sea creatures. These can be Dollar Store items, bean bag, or stuffed creatures. Use your imagination.

Place a sea creature on the back of hand (palm facing floor). Sing the song and move hand and arm in a flowing motion. At the midpoint of the song, reverse direction. For the tonic-dominant ending, raise hand in the air (dominant) and allow sea creature to fall to the floor (tonic). Repeat with other hand, elbow, shoulder, and foot.

At the end of the activity return the sea creature to the back of hand. Sing song up to the tonic-dominant ending and then freeze. Teacher sings dominant and allows each child to sing "tonic" as a solo as they slide their sea creature back into a storage container.